

Jim's Biography



As a certified nutritional consultant, trained in live blood cell microscopy by Natural Health Specialists and NuLife Sciences, and a nutritional therapist Jim has helped many hundreds of people to improve their health.

Jim graduated from Loyola University School of Law and was licensed to practice law in the state of Illinois in 1986. After graduation, he practiced law on and off from 1987 to 1993.

Jim's interest in natural healing began as a result of his six-year battle with chronic illness. During this time (1984 to 1990), he saw dozens of health care practitioners, both conventional and unconventional. He was diagnosed with a variety of illnesses including food allergies, chronic candidiasis, chronic fatigue syndrome and toxic metal poisoning.

By 1989 Jim had made little progress and had almost given up hope. It was during this time that a life-changing shift in his understanding of healing occurred: a combination of natural therapies that addressed underlying toxicities, deficiencies and emotional challenges helped Jim break through years of struggle and finally regain his health.

After regaining his health, Jim felt compelled to share this message of healing with clients from his legal practice, friends, family, even strangers. From that point on, he embarked a new path into the field of natural healing.

In 1996 Jim began his professional career as a nutritional therapist and live cell microscopist. Most recently, he was on staff at the nationally-renowned Optimal Wellness Center in Schaumburg, Illinois from June 2000 through January of 2004.

Jim started a private nutrition consultation practice in Oak Park, Illinois in the Spring of 2004 and continues it today in his new home in Ashland, Oregon. He offers health and wellness seminars and training to practitioners in live cell microscopy, nutritional counseling, detoxification and anti-aging education programs. In addition, in the Fall of 2006 he started a new business, Health Freedom Seminars, to offer workshops--in person and by video training--to teach people how to protect their right to offer and receive the health care of their choice.

Jim's ongoing education includes a doctoral program in natural healing and pursuing a naturopathic degree from Clayton College of Natural Health.

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